



AMERICAN CANCER SOCIETY PERSONAL HEALTH MANAGER

HELP PATIENTS, CAREGIVERS MANAGE HEALTH CARE INFORMATION AND RESOURCES

PATIENT TESTIMONIALS

"THIS KIT KEEPS ALL OF MY INFORMATION ORGANIZED. I TAKE IT TO MY APPOINTMENTS AND MY CHEMOTHERAPY TREATMENTS. I ALSO HAVE ALL FINANCIAL RECORDS THAT PERTAIN TO MY CANCER TREATMENT FILED. IT'S VERY HANDY!"

"THANK YOU FOR THE ORGANIZER AND THE INFORMATION IN IT. I READ EVERYTHING IN IT! IT HAS BEEN VERY USEFUL, AND I AM STILL USING IT."

KEY FEATURES:

- THE PERSONAL HEALTH MANAGER IS AVAILABLE TO CANCER PATIENTS AT NO COST.
- ALL DOCUMENTS ARE WRITTEN AT OR BELOW THE SIXTH-GRADE READING LEVEL.
- KITS ARE AVAILABLE IN ENGLISH AND SPANISH.

THIS ORGANIZATIONAL PORTFOLIO FOR NEWLY DIAGNOSED PATIENTS – WITH INFORMATION TAILORED TO THEIR TYPE OF CANCER – CAN HELP PATIENTS AND CAREGIVERS MAKE EDUCATED HEALTH DECISIONS AND GET CONNECTED TO LOCAL RESOURCES AND SERVICES.

HELPING PATIENTS AND CAREGIVERS

The Personal Health Manager helps individuals facing a diagnosis to learn about cancer and to organize information they receive from many various sources related to diagnosis and treatment.

WHAT CAN BE FOUND IN THE PERSONAL HEALTH MANAGER?

The kit's eight tabbed folders accommodate information on the following:

- My Cancer and Treatment
- My Treatment Center
- Appointments/Questions to Ask
- Test Results
- My Medicines
- Resources and Support
- Insurance and Bills
- After Treatment

In addition, the Personal Health Manager provides a standard set of information written at or below the sixth-grade reading level. The standard content includes information to help individuals get started – everything from talking to their doctor, to lab tests, to eating well during treatment; details around radiation therapy and chemotherapy; specific cancer site information; and a blank calendar for important dates to remember.

The kit also provides information about American Cancer Society programs and services available to patients and caregivers.

Get started providing this resource to your patients and their caregivers by contacting your Society staff partner today.



STAY WELL | GET WELL | FIND CURES | FIGHT BACK | CANCER.ORG | 1.800.227.2345